Categories	PM2.5 (1-hr ave.) (μg/m³)	Visibility (miles)
Good	0-40	10 miles and up
Moderate	41-80	6 to 9 miles
Unhealthy for Sensitive Groups	81-175	3 to 5 miles
Unhealthy	176-300	1½ to 2½ miles
Very Unhealthy	301-500	1 to 1 ¼ mile
Hazardous	Over 500	3⁄4 mile or less

The procedure for making personal observation to determine the forest fire smoke index value for local areas without official monitors is:

- 1. Face away from the sun.
- 2. Determine the limit of your visible range by looking for targets at known distance (miles). Visible range is that point at which even high contrast objects totally disappear.
- 3. Use the values above to determine the local forest fire smoke category.